

# CENTRAL UNION HIGH SCHOOL

## CHEERLEADING

### JV Tryout Score Sheet

Tryout # \_\_\_\_\_

Skill	Score				
	Poor	Fair	Fair	Superior	
<b>Tumbling</b> – difficulty of skill/execution <i>Examples:</i> Back or Front Walkover (max of 1) Round off Back Handspring (max of 3) Standing Back Handspring (max of 4) Back Tuck or Series (max of 5)	1	2	3	4	5
<b>Jumps</b> – Technique, Height, Pointed Toes  Toe Touch  Jump of Choice _____	1	2	3	4	5
<b>Performance Cheer</b> – <ul style="list-style-type: none"> <li>• <i>Motion Technique:</i> motion sharpness, motion placement, motion execution</li> <li>• <i>Crowd Leading Skills:</i> Voice, facial expression, confidence</li> <li>• <i>Knowledge/Projection of Cheer:</i> Clear and projected voice, proper use of diaphragm, knowledge of words</li> </ul>	1	2	3	4	5
<b>Tryout Dance</b> – <ul style="list-style-type: none"> <li>• Knowledge, Technique, Rhythm, Execution</li> <li>• Facial Expression, confidence, energy</li> </ul>	1	2	3	4	5
<b>Spirit/Facial Expression</b> – Smiles, excitement	1	2	3	4	5
<b>Overall Presence</b> – Athletic ability, overall technique, neat appearance, eye contact, energy, ability to engage judges	1	2	3	4	5
<b>Total Score</b> Out of 50					

**Comments:**

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