

CENTRAL UNION HIGH SCHOOL CHEERLEADING Varsity Tryout Score Sheet

Tryout # _____

Skill	Score				
	Poor	Fair	Superior		
Tumbling - difficulty of skill/execution Examples: Back or Front Walkover (Max of 1) Round off Back Handspring (Max of 3) Standing Back Handspring (Max of 4) Back Tuck or Series (Max of 5)	1	2	3	4	5
Jumps - Technique, Height, Pointed Toes, Connection on sequence *If cheerleader is trying out for comp, cross out the Toe Touch and Jump of Choice score and judge the jump sequence only Toe Touch	1	2	3	4	5
Jump of Choice _____	1	2	3	4	5
COMP ONLY Jump Sequence - <ul style="list-style-type: none"> • Technique (Pointed Toes, Connection on sequence, Feet together between jumps) • Height 	1	2	3	4	5
Performance Cheer - <ul style="list-style-type: none"> • <i>Motion Technique:</i> motion sharpness, motion placement, motion execution • <i>Crowd Leading Skills:</i> Voice, facial expression, confidence • <i>Knowledge/Projection of Cheer:</i> Clear and projected voice, proper use of diaphragm, knowledge of words 	1	2	3	4	5
Tryout Dance - <ul style="list-style-type: none"> • Knowledge • Technique & Execution 	1	2	3	4	5
Spirit/Facial Expression - Smiles, excitement	1	2	3	4	5
Overall Presence - Athletic ability, overall technique, neat appearance, eye contact, energy, ability to engage judges	1	2	3	4	5
Total Score Out of 50					

Comments:
